

## St John the Baptist Breakfast Club Menu Autumn 1 Term 2021



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk
	Oat Porridge / Cheese and onion rolls	Cheese bagel	Chicken sausage	Scrambled eggs	Baked beans
	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel
	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Water	Water	Water	Water	Water

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk
	Beef sausage	Boiled eggs	Crumpets with honey or jam	Plain omelette	Baked beans
	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel
	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Water	Water	Water	Water	Water

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk	Choice of cereal with hot or cold milk
	Poached eggs	Baked beans	Fried eggs	Pancakes	Turkey rashers
	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel	Toasted bagel
	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt
	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
	Water	Water	Water	Water	Water