



# Year 5 – Summer Activities



<p>Research your favourite <b>celebrity and write a biography</b> about them. Remember sub – headings for your information!</p>	<p><b>Gratitude's</b> – What are you grateful for today? Write a gratitude diary and every day write down at least one thing you are grateful for ☺</p>	<p>Collect some natural resources from outside to <b>create some summer art</b> work with. How could you represent your summer?</p>	<p>Ask someone you know if they are OK today. It's always good to <b>check in</b> on someone you care about and make sure they are ok ☺</p>	<p>Learn 3 <b>yoga poses</b> and see if you can hold them. Check out the tree pose, butterfly and sun position.</p>
<p><b>Mindfulness minutes</b> – take 10 slow, deep breaths. Think about the air your breathing in and out. Feel calm and focused.</p>	<p>Write down <b>5 goals</b> to achieve in Year 6. What will you achieve / improve on next year? It's always great to get better!</p>	<p>Go for a <b>walk and write a paragraph about everything you could see, hear and smell.</b> Use as many adjectives as you can to describe it!</p>	<p>Write a <b>poem</b> about lockdown. What positive things have happened since lockdown? You could write an acrostic poem using the letters from 'lockdown.'</p>	<p>On a piece of paper write the letters A – Z down the left hand side of the page. Then <b>write down a memory</b> for each letter that you have from Year 5. For Example: A – A lot of laughter B – Bar Charts in Maths C – Confidence growing D – Dancing in assemblies</p>
<p>Write an <b>autobiography</b> all about you! This can be for your new teacher in Year 6. What would you like them to know about you? You could use sub headings to tell them about your interests, talents, family, friends, favourite subjects and much more!</p>	<p>Read a <b>non – fiction</b> text and then write your own information text to recall the main information that you have learnt about.</p>	<p>Can you <b>teach someone</b> in your house how we multiply those bigger numbers? How do we multiply 2 digit numbers by 2 digit numbers?</p>	<p>Can you create your own <b>song or rap</b> about school? Make it fun and exciting! Maybe even perform it to your family or friends?</p>	<p><b>Times tables challenge.</b> Time yourself to see how quickly you can write down ALL of your times tables up to the 12x tables.</p>
	<p>Outside, see how many <b>star jumps</b> you can do in 3 minutes. Get someone to time you and count! Try to beat your score the next day too.</p>	<p>Write a <b>book review</b> about a book you have read over the summer holidays. Which book would you recommend to a friend and why?</p>	<p>Write <b>5 positive affirmations</b> about yourself. Start each of them with 'I am ...' For example: I am beautiful. I am powerful.</p>	
<p>Draw a <b>picture</b> that represents you! Without writing any words, what can you draw that symbolises things that you love and who you are?</p>	<p><b>Mindfulness minutes</b> – take 10 minutes to sit somewhere quietly. Rest your eyes and body. Think about where you are and something that makes you feel happy.</p>	<p>Create a <b>dance!</b> Can you choose one of your favourite songs to create a dance to? Maybe create one with someone at home!</p>	<p><b>Research one of your favourite topics</b> and find ten fun facts! You might want to learn more about rainforests, space, the Egyptians or anything else that interests you.</p>	<p><b>Publish</b> your own story! Get creative, think of some interesting characters, a strange setting and an exciting story!</p>

